



East Ramapo High School

February 2020 - Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
Baked Chicken Brown Rice Mixed Vegetables Fresh NY Local Apple Diced Peaches	3	Crispy Tacos Soft Tacos Buttered Corn Shredded Cheddar Cheese Fresh Orange Diced Pear Cup Mild Salsa Sour Cream	4	Homemade Mac & Cheese Steamed Broccoli Fresh Baby Carrots Fresh NY Local Apple Mixed Fruit	5	Pork Carnitas Rice & Beans Baked Plantains Maduros Fresh Orange Applesauce	6	Famous Chili Cheese Fries Fresh Banana Mixed Fruit	7
Hot Pressed Cuban Sandwich Melt Oven Baked Fries Fresh NY Local Apple Diced Peaches	10	Chicken Cheese Quesadilla Buttered Corn Fresh Orange Diced Pear Cup	11	Chicken Parmesan Over Pasta Mixed Vegetables Fresh Baby Carrots Fresh NY Local Apple Mixed Fruit	12	Nachos Grande Kidney Beans Fresh Orange Applesauce	13	Jamaican Jerk Chicken Beans & Rice Baked Plantains Maduros Fresh Banana Mixed Fruit	14
17	18	19	20	21					
Closed	Closed	Closed	Cheesy Stuffed Bread Sticks Oven Baked Fries Fresh Orange Applesauce	Jamaican Beef Patty Steamed Broccoli Fresh Banana Mixed Fruit					
Meatball Hero Oven Baked Fries Fresh NY Local Apple Diced Peaches	24	Crispy Tacos Soft Tacos Buttered Corn Shredded Cheddar Cheese Fresh Orange Diced Pear Cup Mild Salsa Sour Cream	25	General Tso's Chicken Rice Bowl Fish Patty Melt Sandwich Mixed Vegetables Fresh Baby Carrots Fresh NY Local Apple Mixed Fruit	26	Pork Carnitas Beans & Rice Baked Plantains Maduros Fresh Orange Applesauce	27	Homemade Beef Empanada Fish Patty Melt Sandwich Oven Baked Fries Steamed Broccoli Fresh Banana Mixed Fruit	28

* Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This instruction is an equal opportunity provider.