



# East Ramapo High School

## February 2020 - Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Whole Grain Pancakes with Sausage Fresh NY Local Apple Mixed Fruit Syrup	3 Whole Grain Waffles with Sausage Fresh Orange Diced Pear Cup Syrup	4 Sausage, Egg and Cheese Sandwich Fresh NY Local Apple Diced Peaches	5 Whole Grain French Toast Slices Fresh Orange Applesauce Syrup	6 Whole Grain Pancakes with Sausage Fresh Banana Mixed Fruit Syrup
7 Whole Grain Pancakes with Sausage Fresh NY Local Apple Mixed Fruit Syrup	8 Whole Grain Waffles with Sausage Fresh Orange Diced Pear Cup Syrup	9 Sausage, Egg and Cheese Sandwich Fresh NY Local Apple Diced Peaches	10 Whole Grain French Toast Slices Fresh Orange Applesauce Syrup	11 Whole Grain Pancakes with Sausage Fresh Banana Mixed Fruit Syrup
12 Whole Grain Pancakes with Sausage Fresh NY Local Apple Mixed Fruit Syrup	13 Whole Grain Waffles with Sausage Fresh Orange Diced Pear Cup Syrup	14 Sausage, Egg and Cheese Sandwich Fresh NY Local Apple Diced Peaches	15 Whole Grain French Toast Slices Fresh Orange Applesauce Syrup	16 Whole Grain Pancakes with Sausage Fresh Banana Mixed Fruit Syrup
17 Closed	18 Closed	19 Closed	20 Whole Grain French Toast Slices Fresh Orange Applesauce Syrup	21 Whole Grain Pancakes with Sausage Fresh Banana Mixed Fruit Syrup
22 Whole Grain Pancakes with Sausage Fresh NY Local Apple Mixed Fruit Syrup	23 Whole Grain Waffles with Sausage Fresh Orange Diced Pear Cup Syrup	24 Sausage, Egg and Cheese Sandwich Fresh NY Local Apple Diced Peaches	25 Whole Grain French Toast Slices Fresh Orange Applesauce Syrup	26 Whole Grain Pancakes with Sausage Fresh Banana Mixed Fruit Syrup
27 Whole Grain Pancakes with Sausage Fresh NY Local Apple Mixed Fruit Syrup	28 Whole Grain Waffles with Sausage Fresh Orange Diced Pear Cup Syrup	29 Sausage, Egg and Cheese Sandwich Fresh NY Local Apple Diced Peaches	30 Whole Grain French Toast Slices Fresh Orange Applesauce Syrup	31 Whole Grain Pancakes with Sausage Fresh Banana Mixed Fruit Syrup

\* Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available. This instruction is an equal opportunity provider.