



East Ramapo Central School District

105 South Madison Avenue, Spring Valley, NY 10977

A Unified Community Educating the Whole Child ...

Dr. Raymond J. Giamartino, Jr
Superintendent of Schools

Physical Education & Health Department

Joe Toombs
Director of PE, Health, & Athletics

SCHOOL YEAR 2020-2021

Health Education

@
PMS

- Goal Setting
- Accessing valid information
- Interpersonal communication
- Advocacy
- Decision making



Dear students and family members,

It is the philosophy of the Pomona Middle School Health Education Department to educate and empower students in health. A positive holistic approach will help students to connect the effects of one area of health with their overall health and wellness. The physical education/health team is working multiple resources to help you stay physically active and healthy while we are learning remotely during the COVID19 Pandemic. Throughout this time, we are focusing on keeping you healthy, safe, supported, engaged and challenged.

This class is a skill-based Health Education Class where you will learn and apply all of the National Health Education Standards to your everyday life. This class will look into current trends that affect your everyday life in hopes to turn your lifestyle into a healthy one.

To keep you up to date with what is happening in our school we will be using the Remind App, which can be accessed through the computer or your mobile device. Continue to check for messages and emails regarding PE/health prior to the return to school. In addition to this platform, we will be using a new learning platform called Schoology for attendance, classwork, interactive video learning in real-time and grading.

At first, you will be given google classroom codes and if you have health on your schedule for the *first semester ONLY* you will join google classroom (copy and paste code for best results). We will first chat on a google meet and I will help you navigate schoology because that is where your assignments will be posted.

Google classroom codes

Per 1- 7th grade: nxhmum1

Per 3- 8th grade: l2uq6as

Per 4- 8th grade: 7svgauh

Per 5- 7th grade: mu4yxr3

Per 8- 7th grade: 4to5vv3

Looking forward to a successful year!
Sincerely, Mrs. Jennifer Wolfe

