



Eldorado Elementary School

Enterovirus Information

Enteroviruses are very common viruses. Most enterovirus infections occur during the summer and fall. There are no symptoms or only mild symptoms however the current strain of virus can cause severe respiratory illness in children especially those with asthma and other chronic respiratory conditions. This virus is transmitted through close contact with a person who is already infected with the virus and then touching one's mouth, nose, or eyes.

To help reduce the risk of this infection the following is recommended:

- Individuals wash their hands often with soap and water for 20 seconds.
- Avoid touching of eyes, nose and mouth with unwashed hands.
- Avoid kissing, hugging and sharing cups or eating utensils with people who are sick.
- Stay home when feeling sick.
- Use the same precautions used to prevent the spread of influenza.

Symptoms include, but are not limited to, fever, runny nose, sneezing, coughing and body aches. Most infected individuals have no symptoms or only mild symptoms, but some infections can be serious.

If you or your child have any such symptoms please see a healthcare provider for accurate treatment and diagnosis.

If you have further questions please contact your child's school nurse.